

# Zink Studios

- PIERCING -  
- TATTOOING -  
- LASER REMOVAL -  
- COSMETIC TATTOO -

**KEEP  
IT  
CLEAN!**

**The difficult job of  
avoiding infection  
is now your  
responsibility!**

## Oral Aftercare

**BEFORE YOU CLEAN YOUR  
NEW PIERCING ALWAYS  
WASH YOUR HANDS...**

This is singularly the best way to avoid  
spreading bacteria

ALL oral piercings swell initially, you'll be pierced with a longer bar to allow for this.

After swelling has reduced you need to return to us for a downsize.

We will provide free fitting on jewellery purchased from us.

If you have any concerns regarding your new oral piercing please either return to the studio or see your doctor.


*All our procedures are carried out using pre autoclaved or disposable utensils in a clean environment.*


- ◆ We'll supply you with 3 dissolvable mouthwash tablets. These mixed with water, create a mouthwash solution; 1 tablet in a 500ml bottle of water to carry with you for 3 days.
- ◆ A hot salt water solution is required to clean the piercing for the remaining healing period. To make this you'll need; 1/4 teaspoon of Rock salt or Sea salt (NOT TABLE SALT) to half a mug of boiled water. Make sure the water isn't too hot to avoid pain or accidental burns.
- ◆ For 2-6 weeks you'll need to rinse your mouth with this solution twice a day.
- ◆ AVOID: spicy food, acidic food/drinks, fizzy drinks, hard foods, extremely hot food/drinks and alcohol.
- ◆ Alcohol may increase swelling.


**AND FINALLY... LEAVE IT ALONE!**

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Piercing .....

Date of Piercing .....

Change Date\* .....

\*Healing rates can vary and are guidelines only. Removal of jewellery prior to 2 years can result in your piercing closing entirely.